



FOOD!



Conversation Topics

1. What is your favourite food?
2. How often do you eat take-out food?
3. How often do you eat at restaurants?
4. Do you buy your food from a supermarket?
5. Do you enjoy cooking? How often do you cook?
6. Who usually makes the meals at your house?
7. Do you watch any cooking reality shows on TV? (Example: Hell's Kitchen, Top Chef, Masterchef, etc)
8. Do you think it's important to eat healthy food?
9. Do you have a favourite kind of food? (Example: Italian, Korean, Indian, American, etc)
10. If you were stuck on an island for six months and you could only have 3 foods, what would they be?
11. Who can eat the most food in your family / friends?
12. Would you ever participate in a hotdog eating competition?
13. Have you ever tried any unusual food? What was it? Did you like it?
14. Do you think that you could be a vegetarian or vegan?
15. What should grocery stores and restaurants do with their unused food?
16. What do you like to eat for breakfast?
17. What is something that you don't like to eat, but you know it's good for you?
18. Have you ever tried to go on a diet?